DRAFT

Meeting Minutes – March 20, 2019

I. CALL TO ORDER

Kristen Seatavakin, commission chair, called the meeting to order at First 5 Marin at 5:30 p.m.

Commissioners Present
Kristen Seatavakin – chair
Kari Beuerman
David Bonfilio
Amy Eisenmann
Lisa Leavitt MD
Lucia Martel-Dow
Supervisor Dennis Rodoni
Juan Rodriguez

Commissioners Excused:
Gabrielle Auguste – vice chair

Staff Present
Michelle Fadelli
Amy Reisch

Guests
Lael Lambert, Marin HHS
Julie Michaels, Marin HHS
Sandra Rosenblum, Marin HHS

II. MEETING MINUTES

Commissioner Seatavakin asked if there were changes, additions or corrections to the commission minutes for the last meeting on January 23, 2019. Amy Reisch noted a correction to identify Kristen Seatavakin as chair of the commission.

Motion/Second: Bonfilio/Rodoni
The minutes of January 23, 2019 were unanimously approved as amended.

III. COMMENTS

Commissioner Kari Beuerman shared that April is “Child Abuse Awareness Month”. She added that the Child Abuse Network will have a report out in April 2020. (Michelle Fadelli suggested that we could plan a Marin Communications Forum event for April 2020.)

Commissioner Lucia Martel-Dow asked about recruiting Latino families for Children and Family Services.
IV. EXECUTIVE DIRECTOR COMMENTS

Executive director Amy Reisch presented her executive director’s report and added:

a. **Commission Retreat** – Amy announced that the commission retreat will be held on Saturday, April 6th from 8:30 to 2:30 at the Courtyard by Marriott Hotel, 2500 Larkspur Landing Circle.

b. **Census 2020** – Amy attended the county kick-off meeting of the Marin Complete Count (Census) Committee and will chair the Marin hard-to-count subcommittee on the 0-5 population. This is a major focus as this population is the most undercounted in the last three Censuses, locally and nationally. There will be incentives for participation and messages geared toward these families. They will be working over the next 18 months.


V. COMMISSION DISCUSSION

- **Marin 0-to-5 Data Snapshot: Marin Maternal, Child & Adolescent Health** Sandra Rosenblum, director of Maternal, Child and Adolescent Health for Marin County Health and Human Services, presented a data snapshot about young children ages 0 to 5 in Marin County.
  - **Births are declining.** There were 2066 births to Marin mothers in 2017, down from 2792 in 2004.
  - **Women of color experience more stressors during pregnancy,** which impacts maternal health and the health of the fetus and child.
  - **Teen births are declining.** Marin follows the statewide trend, but births to Latina teens are 20 to 30 times higher than Whites. Due to small numbers, there are few/less support groups and services for pregnant teens.
  - **Perinatal depression is 20% overall.** The Medi-Cal population is two times as likely to experience depression as those with private insurance. Of those with four or more “stressors,” over 56% reported depression.
  - **Alcohol use/abuse is a problem.** Smoking rates are good/low in Marin, but use of alcohol in the first and third trimesters is three times higher than the state average.
  - **Birth weight disparities.** Low birthweights are almost twice as common among Blacks as Whites.  
  - **Vaccination rates have improved.** 94% of Marin kindergarteners have all the required vaccinations, compared to 95% statewide. (Our numbers are up from 84.9% in years prior to the legislative mandate.) Personal belief exemptions are no longer allowed by law, but medical exemption rates are three times higher in Marin that statewide—up from 0.2% to 2.1%. [Despite the 94% average, many Marin schools have less than vaccination rates under 90%; Marin Waldorf School has 22%. Also, many private child care providers have less than 90% vaccination rates.]
  - **Pertussis spikes in Marin.** Pertussis tends to be cyclical and Marin experiences much higher spikes during those cycles compared to statewide numbers.
  - **WIC clients.** 10% are overweight; 14.2% at risk of overweight/obesity.
  - **Dental decay rates are declining.** Rates for kindergarteners with untreated dental decay are down from 10% in 2012 to 6.3% in 2017. (However, San Rafael increased from 16 to 20%.
  - **Adverse Childhood Experiences (ACES) – Children with two or more “ACES” are lower in Marin (14.4%) than statewide (16.4%) and nationwide (21.7%).**
  - **3rd grade level standards.** Marin third graders have higher achievement on grade level standards that state averages—except for English language skills among the economically-disadvantages.
- Child maltreatment – The percentages are lower in Marin, but there are still are high numbers of substantiated cases.

  o Commissioner Rodriguez called out the inequities in the data, noting that they are basically the same as ten years ago. Where are the actions?
  o Commissioner Seatavakin mentioned the County’s Community Health Needs Assessment, for which they want more work groups to review the data and develop action items and a five year action plan.
  o Commissioner Beuerman also suggested looking at the (comparatively) advanced age of mothers in Marin and any impact on birthweights.

- Marin Oral Health Strategic Plan – Julie Michaels, Oral Health Coordinator for Marin Health and Human Services/Public Health Division, provided a summary presentation about work on the Oral Health Strategic Plan for Marin County. She reported that Marin has received $172,000/year for five years for this work. She distributed the Oral Health Needs Assessment which focuses on three areas:
  1. Oral Health Education
  2. Dental Disease Prevention
  3. Linkage to treatment

  The Strategic Plan process began with the Needs Assessment, followed by a retreat and the creation of work groups. That work will inform the development of the Strategic Plan and implementation.

  Three work groups have been set up:
  1. Communications and Data
  2. Education
  3. Access

  A website has also been set up for public outreach and information: www.MarinOralHealth.org.

Julie shared data from the Needs Assessment:

  * Pregnant women at 100-200% of poverty are lacking care. 45% have not visited the dentist in the last year.
  * Of the 65% of kindergarteners screened for oral health, 7% were diagnosed for untreated tooth decay—down from 10% four years ago. However, some schools have rates as high as 21%.
  * Adults – almost half of the adults surveyed had permanent teeth removed due to tooth decay or gum disease.
  * Dental Insurance - 46% of adults surveyed do not have dental insurance.
  * Adult Emergency Room Visits – Adults between 18 and 44 have the highest rate of preventable emergency room visits.
  * Child/Teen Preventive Care – Among children ages 0 to 20, the rate of preventive dental visits in Marin is 57%, exceeding the state average of 41%.
  * Dental Sealants – The rate of dental sealants among children ages 6 to 14 is just 6%, and far below the state average of 13%.

- Commissioner Martel-Dow asked about dental providers for those without insurance in Marin. (Providers include: Marin Community Clinics, Coastal Health Alliance and Marin City Health and Wellness.)
4. **Legislation** – Michelle shared a new First 5 Marin Legislative Summary chart and reviewed several key bills. The Commission took the following actions:

- **AB 125 (McCarty)** – Reimbursement Rates for Childcare and Preschool – SUPPORT
  Motion/Second: Eisenmann/Rodriguez

- **AB 324 (Aguiar-Curry)** – Retention Funding for Child Care Employees – SUPPORT
  Motion/Second: Bonfilio/Rodriguez

- **SB 135 (Jackson)** – Paid Family Leave – SUPPORT
  Motion/Second: Rodoni/Bonfilio

- **SB 174 (Levya)** – Child Care Stabilization Formula - SUPPORT
  Motion/Second: Eisenmann/Rodriguez

- **ACR 1 (Bonta)** – Immigration and Public Charge - SUPPORT
  Motion/Second: Bonfilio/Martel-Dow

The motions to approve positions of “Support” on these bills were unanimous.

VI. **FINAL COMMENTS** – Amy Reisch said that, according to Breitbart News, officials from the Department of Homeland Security say that proposed new regulations related to the “public charge rule” are likely to be issued in full this year.

*Commissioner Rodoni* shared that the County of Marin is joining organizations challenging the public charge proposals in court.

VII. **ADJOURNMENT** – Commission chair Kristen Seatavakin adjourned the meeting at 7:13 p.m.

**NEXT SCHEDULED COMMISSION MEETING:**

**Wednesday, April 17, 2019 at 5:30**

1050 Northgate, Suite 130
San Rafael

Additional meeting dates for 2019:

(April 6 – Commission Retreat, 8:30 am to 3 pm at the Courtyard by Marriott, Larkspur Landing)

May 15

June 19

September 18

October 16

November 20

(no meetings in July, August or December)

Upcoming dates for the Marin Communications Forum:

**April 8th** – Child Care – Policy and Economics
**May 20th** – Toxic Stress in Marin
**June 3rd** – Literacy and Libraries